



TODS

M E E T I N G

THOMPSON OKANAGAN
DENTAL SOCIETY

OCTOBER 19 - 21, 2023 • KELOWNA, BC

PRELIMINARY PROGRAM

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**TODS MEETING
PRELIMINARY PROGRAM
AND BUYERS' GUIDE 2023**

Produced for the
Thompson Okanagan Dental Society by

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TODS | THOMPSON OKANAGAN
DENTAL SOCIETY

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2023 TODS Meeting Committee
Dr. Jillian Belbin - Executive Director
Ms. Alison Hall, CDA
Ms. Lane Shupe, CDA, CMP

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TODS
MEETING

WELCOME

We are so pleased to welcome all of you to TODS 2023, taking place October 19-21, 2023 at the beautiful Delta Grand Okanagan Resort in Kelowna. You may have noticed our cover looks a bit different this year. We've freshened up our look with a new logo and website! The Delta has also undergone a refresh with newly renovated hotel rooms for our conference guests.

Our team has worked hard to deliver an amazing variety of world-class speakers again this year! And don't forget about our exhibit floor where you can view new equipment and supplies, check in with company reps, and socialize with colleagues and your team.

Our conference starts Thursday night with our "TODS Featured Speakers" and ever-popular "Supplier Showcase" from 6:00-9:00PM. We invite you to visit the exhibit hall Thursday evening from 5:00-7:00PM, and don't forget to drop by our registration desk Thursday (between 3:00-8:00PM) to say hello and pick up your registration package. Lectures start bright and early on Friday and Saturday mornings, and we are pleased to be able to greet you with coffee/tea and a light offering when you arrive. Our delicious lunch will be available on both Friday and Saturday. Our registration desk is open Friday 7:30AM-5:30PM, and Saturday 7:30AM-1:00PM. Lectures and workshops will run between 8:30AM-4:30PM on Friday and 8:30AM-12:30PM on Saturday. We have added a bonus lecture (dentists only) starting at 12:30PM on Saturday. Be sure to check out our program for more details.

We have a full slate of hands-on workshops again this year, with topics including a CPR-BLS recertification course, oral surgery simplified, equipment maintenance for the dental team, dental hygiene sharpening and instrumentation, our ever-popular provisional restorations, and a comprehensive all-day endodontic workshop. Visit our website and program for more details and register early as spots do fill up quickly!

Be sure to join us at our popular Friday evening tradeshow reception from 4:00-6:00PM. Enjoy drinks and tasty hors d'oeuvres while you visit with exhibitors and socialize with colleagues and team members.

Please take the time to partake in our on-site TODS fundraising events to raise funds to support local and dental-related charities through our TODS Endowment Fund. Since its inception, the TODS Fundraiser has raised over \$200,000! We are very grateful for the hard work and dedication of the chair of our TODS Fundraising Arm, Ms. Gayle Faigan, and her team of volunteers. Check out our website at www.todsmeeting.com for more information on the TODS Endowment Fund or to donate!

It takes an enormous amount of work to put on a meeting of this calibre and for that I want to thank our amazing TODS Meeting Coordinators, Alison Hall and Lane Shupe. Your dedication to the success of this meeting is admirable! Thank you to all our exhibitors and sponsors for their support and enthusiasm in taking part in TODS 2023.

Enjoy the conference!

Sincerely,

Dr. Jillian Belbin, TODS Executive Director

Dr. Ryan Kilistoff, TODS President

Dr. Evan Wiens, TODS President-Elect

Dr. Derek Pollard, TODS Secretary/Treasurer

Dr. Rick Mehta, TODS Director

Dr. Brandon Schiffner, TODS Director

Ms. Alison Hall, CDA, TODS Meeting Coordinator

Ms. Lane Shupe, CDA, CMP, TODS Meeting Coordinator

MARK NEXT YEAR'S MEETING DATES ON YOUR CALENDAR: OCTOBER 24 – 26, 2024

Want to register early online as an individual or office or keep up-to-date on what we have planned?

Go to www.todsmeeting.com

TODS Fundraiser Makes a Difference

The 17th Annual TODS Fundraiser Event
Friday, October 20 – 10:00am – 5:00pm

Our 2022 fundraiser raised almost \$7,500! Proceeds of the 2022 fundraising efforts benefited the TODS Endowment Fund in support of various regional dental-related charities, such as Non-Profit Community Dental Clinics, Central Okanagan Food Bank Dental Month, and BC Cancer Agency Dental Comfort Fund.

Please consider a DONATION to the TODS Endowment Fund so we can provide an opportunity for future generations to make a difference within our dental community. Donate as a lasting memorial in honor of a colleague or loved one, a graduation or wedding gift, in recognition of an accomplishment, or make a personal, corporate, or dental team charitable donation.

For more information, please contact Gayle Faigan, TODS Fundraising Chair, gaylefaigan@gmail.com. As a partner with the Central Okanagan Foundation, the TODS Endowment Fund is registered with the Canada Revenue Agency and can provide tax receipts for gifts received.



LtoR: Hailey Loomer, volunteer; Candice Timm, 123 Dentist; Gayle Faigan, Chair, TODS Fundraiser; Linda Froese, volunteer



LtoR: Okanagan College Certified Dental Assisting students: Krystal Kinoshita and Martine Horovatin

TODS CONGRATULATES THESE DESERVING STUDENTS ON THEIR ACHIEVEMENTS

UBC SCHOLARSHIP AWARD

A \$5,000 scholarship is made available by TODS to an undergraduate student in dentistry who originates from the Thompson Okanagan region. We congratulate this year's winner – **Jaedyn Penkala** of Kelowna.

OC BURSARY AWARDS

Two \$500 bursaries were presented by TODS to two dental assisting students from the Okanagan College Dental Assisting Program. This year, we congratulate **Elysia Dawick** of West Kelowna and **Lauren Holler** from Summerland.

The TODS Meeting Takes Flight

Air Canada Promo Code: **MHNXWYZ1**



WestJet Coupon Code: **8Q0T7XU**



To book a flight with the TODS Meeting promotion code, access and enter your coupon code in the search panel and benefit from an instant online registration and enjoy a 10% discount on EconoFlex and Premium fares.



NAME BADGES MUST BE WORN
AND SHOWN TO ENTER EXHIBITS, SPEAKER SESSIONS & FOOD AREAS
A fee may be assessed for reprinting lost or forgotten name badges



REGISTRATION

Registration Desk Hours

Thursday, October 19	3:00 p.m. – 8:00 p.m.
Friday, October 20	7:30 a.m. – 5:30 p.m.
Saturday, October 21	7:30 a.m. – 1:00 p.m.

Registration includes lunch Friday and Saturday, entrance to all sessions (except pre-registered workshops), exhibits and the Friday Trade Show Reception. All registration packages and name badges can ONLY be picked up at the registration desk. The tuition fee is tax deductible. A receipt will be issued for Canada Income Tax purposes.

Please Note: As a reminder, in the interest of reducing food waste, we've decided to again omit the breakfast of old. We will be serving coffee/tea and a light offering when you arrive, as well as lunch on both Friday and Saturday.

Cancellation

Request for a refund must be in writing and sent to tods@shaw.ca prior to October 10, 2023. Registrants eligible for a refund will receive 75% of the registration fee per delegate. The refund will be issued before November 30, 2023.

Effective Thursday, October 19 – Saturday, October 21, 2023 ONLY, phone the Delta Grand Okanagan Resort & Conference Centre at (250) 763-4500 and ask for the Thompson Okanagan Dental Meeting Registration Desk.

INFANTS, CHILDREN and TEENAGERS

Access to the conference centre is restricted to adults 18 years or older only. Children (infants, children, or teenagers) are NOT permitted in any of the TODS Meeting lecture sessions, supplier showcase events, tradeshow, events or meal function areas, etc. from Thursday October 19 to Saturday October 21, 2023 during the TODS Meeting. The conference venue does not provide daycare. An area for nursing mothers will be available on Friday, October 20 and Saturday, October 21.

CONTINUING EDUCATION CREDITS

BCCOHP reminds registrants to be aware of the maximum limits allowed for certain subjects. Please see the college's Continuing Education Requirements document for details. All CE submissions must be accurate and truthful and submissions to the contrary are in violation of the BCCOHP's Code of Ethics and may result in disciplinary action.

BC Dentists, Certified Dental Assistants, and Dental Therapists

CE credits may be accrued as follows:

- Hour-for-hour credit for visiting exhibits (to a max of three hours) between Thursday and Friday exhibit hours; and/or
- Hour-for-hour credit for eligible session attendance (lectures and workshops).

Submit your credits online at www.oralhealthbc.ca.

BC Dental Technicians and BC Denturists

Please refer to the BCCOHP website for details.

BC Registered Dental Hygienists

The BCCOHP requests that hygienists add the TODS Meeting information onto your yearly reporting form.

Important information: Each dental hygiene-related course will be coded on the website and in the official meeting schedule with a letter-number code (e.g. D3) corresponding to one or more specific BCCOHP QAP content categories for Dental Hygienists. These codes are suggestions only, based on the limited information provided in session outlines. RDH's should use professional judgement when selecting courses and determining which QAP content categories the course addresses. Visit www.todsmeeting.com for a complete list of the BCCOHP QAP coding for each course after September 1.

Out-of-Province Dental Professionals

Registrants from outside B.C. should consult with their provincial or state regulatory authorities for CE credit requirements.

THE THOMPSON OKANAGAN DENTAL SOCIETY WILL NOT BE RESPONSIBLE FOR SUBMITTING CONTINUING EDUCATION CREDITS ON BEHALF OF ANY REGISTRANT.

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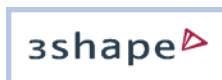


FRIDAY COFFEE BREAK



OFFICIAL COURIER
THU/SAT COFFEE BREAK

FEATURED SPEAKERS



SUPPLIERS' SHOWCASE



COME VISIT THE EXHIBITS!

Our delegates will enjoy our exhibit hours:
Thursday, October 19, 5:00 p.m. to 7:00 p.m. and
Friday, October 20, 10:00 a.m. to 6:00 p.m.

Be sure to come early to avoid the rush, and check out the exhibits, Thursday, before the speakers start at 6 p.m. It is quality one-on-one time – a chance to ask questions of company representatives and check out all of their latest offerings. Shop and support the exhibitors listed on the exhibitor map supplied with your delegate package.

Complimentary access to TODS program and exhibits on Thursday, October 19th to all Dental Professionals – registration not required.

TRADE SHOW RECEPTION

Friday, October 20 – 4:00 p.m. to 6:00 p.m.
For registered TODS participants.

The complimentary refreshment ticket can only be used during our trade show reception. The registration desk will be open until 6:00 p.m. Friday to allow registrants to purchase admission for non-registrants. Price is \$45.



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THURSDAY

OCTOBER 19, 2023

12:00 p.m. – 5:00 p.m. **REGISTRATION DESK OPEN FOR EXHIBITORS / EXHIBITOR SET-UP**
3:00 p.m. – 8:00 p.m. **REGISTRATION DESK OPEN FOR ALL DELEGATES**
5:00 p.m. – 7:00 p.m. **EXPANDED EXHIBIT HOURS! COME VISIT OUR 78 EXHIBIT DISPLAYS**

SUPPLIERS' SHOWCASE

- 3:00 p.m. – 9:00 p.m. **POWER PRACTICE / HENRY SCHEIN** – Power Practice PX301: Maximizing Chart
NOTE START TIME *Mr. Mehdi Poptani*
- 6:00 p.m. – 9:00 p.m. **CLINICAL RESEARCH DENTAL** – Mastering Aesthetic Posterior Composite Restorations that Rival the Beauty of Porcelain Every Single Time!
Dr. David Chan
- 6:00 p.m. – 9:00 p.m. **ORAL SCIENCE** – Guided Biofilm Therapy
Dr. Steven Faigan
- 6:00 p.m. – 9:00 p.m. **NOBEL BIO CARE** – Speaker Presentation
Please refer to www.todsmeeting.com for complete details
- 6:00 p.m. – 9:00 p.m. **TD BANK** – Estate Planning Fundamentals
Ms. Jane Armstrong
- 6:00 p.m. – 9:00 p.m. **ALIGN TECHNOLOGY** – The Opportunities are Endless: How to Grow Your Practice with Invisalign
Dr. Terri Pukanich

TODS FEATURED SPEAKERS & WORKSHOPS

- 4:30 p.m. – 9:00 p.m. **WORKSHOP – SESSION 1 – PROVISIONAL RESTORATIONS: TRICKS & TIPS**
NOTE START TIME *Ms. Lian Walraven, CDA* CO-SPONSORED BY BRASSELER, DENTSPLY SIRONA, GC AMERICA, OPALESCENCE DENTAL LABS
LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED
- 6:00 p.m. – 9:00 p.m. **SLEEP APNEA... A NOT-SO-SILENT KILLER: WHAT DENTAL HYGIENISTS NEED TO KNOW TO HELP SAVE LIVES**
Ms. Kathleen Bokrossy, RDH CO-SPONSORED BY CURION
- 6:00 p.m. – 9:00 p.m. **THE GERM FACTOR: LIVING AND WORKING TOWARDS A SAFE PRACTICE**
Mr. Jason Tetro CO-SPONSORED BY PACIFIC DENTAL CONFERENCE TRUST
- 6:00 p.m. – 9:00 p.m. **THE MYTHS OF PEDIATRIC DENTISTRY**
Dr. David Rothman

PROGRAM CHANGES

TODS Meeting reserves the right to make changes to programs and speakers, or to cancel sessions if enrollment criteria are not met, or when conditions beyond its control prevail. Space for any limited seating session is on a first-come, first-served basis.

MARK NEXT YEAR'S MEETING DATES ON YOUR CALENDAR: OCTOBER 24 – 26, 2024

Want to register early online as an individual or office or keep up-to-date on what we have planned?

Go to www.todsmeeting.com

FRIDAY

OCTOBER 20, 2023

7:30 a.m. – 5:30 p.m. **REGISTRATION DESK OPEN**

SUPPLIERS' SHOWCASE

8:30 a.m. – 4:30 p.m. **POWER PRACTICE / HENRY SCHEIN** – Power Practice PX201: Advanced Features
ALL-DAY SESSION *Mr. Mehdi Poptani*

TODS FEATURED SPEAKERS & WORKSHOPS

8:00 a.m. – 12:00 p.m. **WORKSHOP – SESSION 2 – PROVISIONAL RESTORATIONS: TRICKS & TIPS**
NOTE START TIME *Ms. Lian Walraven, CDA* CO-SPONSORED BY BRASSELER, DENTSPLY SIRONA, GC AMERICA, OPALESCENCE DENTAL LABS
LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

8:30 a.m. – 11:15 a.m. **WORKSHOP – SESSION 1 – DENTAL EQUIPMENT MAINTENANCE AND REPAIR**
Mr. Jeff Roy and Mr. Ian Doyle CO-SPONSORED BY HENRY SCHEIN
OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

8:30 a.m. – 4:30 p.m. **WORKSHOP – INTENSE ENDODONTICS**
ALL-DAY SESSION *Dr. Gary Glasman* CO-SPONSORED BY DENTALCORP, DENTSPLY SIRONA
LIMITED TO DENTISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

8:30 a.m. – 12:00 p.m. **FURCATIONS, PROJECTIONS, CONCAVITIES, OH MY!**
Ms. Beth Parkes, RDH CO-SPONSORED BY CURION, CREST ORAL-B

8:30 a.m. – 12:00 p.m. **DENTISTRY AND FORENSIC SCIENCE: THE GOOD, THE BAD, AND THE FASCINATING**
Dr. Dirk van der Meer

8:30 a.m. – 12:00 p.m. **ORAL SURGERY SIMPLIFIED**
Dr. Toby Bellamy
ATTENDANCE OF THIS LECTURE IS MANDATORY FOR PARTICIPANTS OF AFTERNOON WORKSHOP

8:30 a.m. – 12:00 p.m. **ACHIEVE A HIGHER LEVEL OF ARTISTRY WITH ANTERIOR COMPOSITES**
Dr. David Chan CO-SPONSORED BY CLINICAL RESEARCH DENTAL

8:30 a.m. – 12:00 p.m. **“SOUND” BITES: QUICK, SIMPLE SOLUTIONS FOR ACHIEVING HEALTHY, FUNCTIONAL OCCLUSIONS**
Dr. William Lea

12:00 p.m. – 1:30 p.m. **BUFFET LUNCHEON**

1:30 p.m. – 4:15 p.m. **WORKSHOP – SESSION 2 – DENTAL EQUIPMENT MAINTENANCE AND REPAIR**
Mr. Jeff Roy and Mr. Ian Doyle CO-SPONSORED BY HENRY SCHEIN
OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

1:30 p.m. – 4:30 p.m. **WORKSHOP – ORAL SURGERY SIMPLIFIED**
Dr. Toby Bellamy
LIMITED TO DENTISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

1:30 p.m. – 4:30 p.m. **ENERGY MANAGEMENT FOR THE DENTAL HYGIENIST**
Ms. Kathleen Bokrossy, RDH CO-SPONSORED BY CURION

1:30 p.m. – 4:30 p.m. **ADVANCED PERIODONTAL SURGICAL THERAPY: SETTING UP RESTORATIVE CASES FOR SUCCESS**
Dr. Sam Malkinson CO-SPONSORED BY CREST ORAL-B

1:30 p.m. – 4:30 p.m. **CLEAR ON CODES – 2023, FALL EDITION: LEARNINGS FROM REAL MEMBER ENQUIRIES**
Dr. Salima Dadani, Dr. Michelle Lauwers, Ms. Jenny Greenwood, CDA CO-SPONSORED BY BC DENTAL ASSOCIATION

1:30 p.m. – 4:30 p.m. **TMJ: IS THE PAIN ALL IN THE HEAD?**
Dr. Bahram Jam, PT

CONTINUED NEXT PAGE

FRIDAY SOCIAL EVENTS

- 10:00 a.m. – 6:00 p.m. **TRADESHOW EXHIBITS OPEN**
- 10:00 a.m. – 5:00 p.m. **TODS ENDOWMENT 17th ANNUAL FUNDRAISER**
- 4:00 p.m. – 6:00 p.m. **OKANAGAN COLLEGE DENTAL ASSISTING ALUMNI 1974-2023**
- 4:00 p.m. – 6:00 p.m. **TRADESHOW RECEPTION**

SATURDAY

OCTOBER 21, 2023

- 7:30 a.m. – 1:00 p.m. **REGISTRATION DESK OPEN**

TODS FEATURED SPEAKERS & WORKSHOPS

- 8:00 a.m. – 10:00 a.m. **WORKSHOP – SESSION 1 – BLS CPR RECERTIFICATION**
SPECIAL TIME CO-SPONSORED BY FACTS AND CANADIAN RED CROSS
OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – LIMITED SEATING – AUDITING NOT PERMITTED
- 8:30 a.m. – 12:30 p.m. **WORKSHOP – SESSION 3 – PROVISIONAL RESTORATIONS: TRICKS & TIPS**
Ms. Lian Walraven, CDA CO-SPONSORED BY BRASSELER, DENTSPLY SIRONA, GC AMERICA, OPALESCENCE DENTAL LABS
LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED
- 8:30 a.m. – 11:00 a.m. **WORKSHOP – SESSION 1 – MAINTAIN YOUR EDGE: SHARPENING AND INSTRUMENTATION**
NOTE END TIME *Ms. Kathleen Bokrossy, RDH and Ms. Beth Parkes, RDH*
LIMITED TO REGISTERED DENTAL HYGIENISTS AND DENTAL THERAPISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED
- 10:30 a.m. – 12:30 p.m. **WORKSHOP – SESSION 2 – BLS CPR RECERTIFICATION**
SPECIAL TIME CO-SPONSORED BY FACTS AND CANADIAN RED CROSS
OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – LIMITED SEATING – AUDITING NOT PERMITTED
- 11:30 a.m. – 2:00 p.m. **WORKSHOP – SESSION 2 – MAINTAIN YOUR EDGE: SHARPENING AND INSTRUMENTATION**
NOTE START TIME *Ms. Kathleen Bokrossy, RDH and Ms. Beth Parkes, RDH*
LIMITED TO REGISTERED DENTAL HYGIENISTS AND DENTAL THERAPISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED
- 8:30 a.m. – 12:30 p.m. **TWO COURSES! EXTERNAL THREATS TO YOUR PRACTICE and HOW TO AVOID THE WORST HIRING MISTAKE OF YOUR LIFE**
Mr. David Harris
- 8:30 a.m. – 12:30 p.m. **TRENDS THAT ARE CHANGING PLANNING AND TREATMENT IN PERIODONTICS AND IMPLANT DENTISTRY**
Dr. Sonia Leziy
- 8:30 a.m. – 12:30 p.m. **AUTISM AND NEURODIVERSITY IN DENTISTRY: STRATEGIES FOR SUCCESS**
Dr. Karen Bopp and Ms. Kayla Ragosin-Miller, RDH
- 8:30 a.m. – 12:30 p.m. **CANNABIS, OPIOIDS AND ANTIBIOTICS IN DENTISTRY**
Dr. Clifford Pau
- 12:30 p.m. **TODS SPECIAL DOUBLE PRESENTATION**
1 – UPDATE TO THE PROFESSION *Dr. Robert Wolanski, BCDA President*
2 – EMBEZZLEMENT: HOW TO OUTSMART THE THIEF IN YOUR PRACTICE *Mr. David Harris*
LIMITED TO DENTISTS ONLY
- 12:30 p.m. **BCDHA / CDA ALLIANCE LUNCHEON MEETING**
WELCOMES ALL RDHS, DH PRACTITIONERS, CDAS AND DENTAL THERAPISTS
- 1:00 p.m. – 3:00 p.m. **WORKSHOP – SESSION 3 – BLS CPR RECERTIFICATION**
SPECIAL TIME CO-SPONSORED BY FACTS AND CANADIAN RED CROSS
OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – LIMITED SEATING – AUDITING NOT PERMITTED



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Frequent backup cycles will ensure your data is protected.



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Backups are restored daily, and a screenshot of restored backup is emailed directly to you.



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THURSDAY SUPPLIERS' SHOWCASE

OCTOBER 19, 2023

3:00 p.m. – 9:00 p.m. **POWER PRACTICE / HENRY SCHEIN**
NOTE START TIME **Power Practice PX301: Maximizing Chart**

Cost: \$250.00 plus tax. (Fee for delegates AND non-delegates of the 2023 TODS Meeting)

How to Register: You MUST register directly with Power Practice via their website <https://powerpractice.ca/events>

Previous experience with digital charting in Power Practice is required to attend. This hands-on seminar is designed to provide participants with a greater understanding of digital charting in Power Practice. We will provide instruction on customizing the odontogram, creating and editing procedure codes, creating super codes, treatment proposals, customizing notes and creating templates, custom settings for perio charting, planning appointments and updating recalls, updating medical alerts and chart alerts, and custom reports.



Mr. Mehdi Poptani

As the lead trainer with Power Practice, Mehdi has a passion for teaching and coaching clients through various training engagements. As a certified Change Management Professional, Mehdi takes a people first approach in really understanding the impacts an individual goes through in learning not only new software but new processes.

6:00 p.m. – 9:00 p.m. **CLINICAL RESEARCH DENTAL**
Mastering Aesthetic Posterior Composite Restorations that Rival the Beauty of Porcelain Every Single Time!

This hands-on workshop will focus on how to efficiently and artistically create amazingly esthetic posterior composite restorations predictably every single time! The placement of posterior Class II restorations is one of the most common procedures found in a modern dental practice, and this course will provide the participants with an increased knowledge and skills to place direct posterior composite restorations with sectional matrices that literally disappear with the remaining native tooth structure. Objectives: Adhesive techniques that eliminate post-operative sensitivity to "ZERO" every single time; Learn how to match any tooth shade with composites that make class II composites undetectable; Efficient use of sectional matrices to turn Class II composite restorations into simple Class I restorations; The use of a workflow and key concepts that allow the recreation of proper posterior occlusal anatomy that emulate nature; Learn how simple and easy it is to finish and polish posterior composites that can rival the best porcelain restoration every single time.



* To register, scan the QR code at left



Dr. David Chan, DMD, AACD

Dr. Chan earned his DMD degree in 1989 from Oregon Health Sciences University. He maintains a full-time practice focused on cosmetic and comprehensive dentistry located in Ridgefield, Washington. He is a Past President of the American Academy of Cosmetic Dentistry, a Director at the Center for Dental Artistry and a Clinical Instructor at the Kois Center in Seattle, Washington. He is an Accredited Member of the AACD and has been published in peer-reviewed dental articles.

6:00 p.m. – 9:00 p.m. **ORAL SCIENCE**
Guided Biofilm Therapy

Guided Biofilm Therapy (GBT) is a systematic and evidenced based approach to managing dental biofilm. This presentation will review how GBT can easily and efficiently be integrated as an empowering proactive tool for the prevention, and as well for the treatment of biofilm induced and host mediated inflammatory destruction seen in both periodontal and peri-implant diseases. A didactic and clinical review of GBT science and treatment protocols derived from diagnostic parameters, and risk assessment will be covered for both non-surgical and surgical therapy.



* RSVP directly to Ms. Valerie Gravel via email at v.gravel@oralscience.com



Dr. Steven Faigan

Dr. Faigan received his BSc and Dental degrees from McGill University in Montreal, and graduated from Boston University with both a Certificate of Advanced Graduate Studies in General Dentistry, and a specialty degree in Periodontics and Oral Biology. He has been a periodontal consultant to the BC Cancer Agency, and is a past president of the BC Society of Periodontists. He is past Associate Clinical Professor at the UBC Faculty of Dentistry, and is the founder and mentor of the Okanagan Periodontal Study Club established in 1995. Dr. Faigan is actively involved in providing continuing education programs, has published, and maintains a private specialty practice in Kelowna, British Columbia with a particular interest in cosmetic periodontal and implant surgery.



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6:00 p.m. – 9:00 p.m. **NOBEL BIOCARE**

Please refer to www.todsmeeeting.com for complete details



6:00 p.m. – 9:00 p.m. **TD BANK**

Estate Planning Fundamentals

Please RSVP via email to: jane.armstrong@td.com

What is estate planning? Topics include: Enduring Powers of Attorney (finances); Representation Agreements (health); How assets flow on death (including probate); Wills Tax on death basics; Considerations for dentists.



Ms. Jane Armstrong

As a tax and estate planner, I apply my expertise in estate, trust, and tax planning to assist you in developing an estate plan that reflects your personal choices for the future, and the legacy you will leave behind. Prior to joining TD, I worked at a boutique law firm, and practiced primarily in the areas of family law and estate planning, enabling me to provide clients with customized estate plans, help them to navigate the complexities presented by the intersection between family law issues and estate planning. I graduated from the University of Calgary Law School and am a member of the Canadian Bar Association and currently working on obtaining my Trust and Estate Practitioner (TEP) designation.

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#1 priority – your patients.

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at the core of what
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Let's talk. Dawn Melanson

Director of Partnership Development for the Interior of BC
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A Message from
Dr. Amin Shivji



6:00 p.m. – 9:00 p.m.

ALIGN TECHNOLOGY

The Opportunities are Endless: How to Grow Your Practice with Invisalign

Please RSVP via the link on the TODS Meeting website:
www.todsmeeting.com



My goal is to help you and your team understand that diagnosing a mal-occlusion is just as important as diagnosing a cavity. We will explore the reasons to talk about mal-occlusion, why straight teeth are important and how to bring these issues up with your patients without sounding “salesy”. Learning Objectives: Understand how to diagnose and talk about mal-occlusion with your patients; Identifying the right candidates for Invisalign; The nine crucial steps to a successful Invisalign case presentation; The five opportunities for the Invisalign conversation with your everyday patients.



Dr. Terri Pukanich

Dr. Pukanich graduated in 2002 from the University of Alberta and practices in Slave Lake, Alberta. She is passionate about creating dental work environments that have tremendous impact on patients and team members! Along her journey she has worked with the biggest names in dental coaching and has learned the secrets to implementation and execution of the most effective strategies. She is CEO and Founder of Dental BossLady where she helps women in dentistry create fulfilling practices. She is a Platinum Invisalign provider, a founding member of the Canadian Associate of Women Dentists, and a Key Opinion Leader for the American Academy of Clear Aligners.

4:30 p.m. – 9:00 p.m.

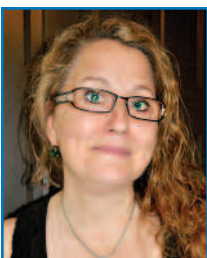
WORKSHOP – SESSION 1

NOTE START TIME

Provisional Restorations: Tricks and Tips

LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

Step-by-step demonstration & hands on instruction to simplify the fabrication of functional and aesthetically pleasing provisional restorations. This workshop IS recommended for certified dental assistants who have fabricated provisional restorations in their daily practice or those certified dental assistants who have fabricated provisionals previously but not in their regular practice. This workshop is NOT recommended for certified dental assistants who have never fabricated provisional restorations previously. Thursday session includes light food and refreshments.



Ms. Lian Walraven, CDA, Prosthodontic Module

Ms. Walraven pursued a certified dental assistant education and was licensed in 1986 after spending four years as a laboratory assistant. In 1997, she was among the first group of potential instructors to receive their Prosthodontic Modules, and has been involved as an instructor in the B.C. Interior since that time. She has worked for a certified specialist in prosthodontics since 1998 where she fabricates multiple provisional restorations on a daily basis.

THURSDAY

OCTOBER 19, 2023

FEATURED SPEAKERS

6:00 p.m. – 9:00 p.m. **Sleep Apnea... A Not So Silent Killer: What Dental Hygienists Need to Know to Help Save Lives**

Obstructive sleep apnea (OSA) is a disorder characterized by upper airway collapse during sleep. It is one of the most prevalent sleep disorders, and is potentially fatal, affecting approximately four to nine percent of the adult population. Like most sleep disorders, OSA is unrecognized, under-diagnosed and under-treated with an estimated 70 to 90 percent of cases going undiagnosed. Dental hygienists are the first line of defense in recognizing and screening for potential OSA. We play a critical role in improving the quality and longevity of life of our clients. Learn what OSA is, physical implications it has on our patients, clinical signs, and symptoms. Learn screening tools to assess for potential OSA, treatment options, collaboration, when to refer, and the importance of following-up with our patients once treatment has started.






Ms. Kathleen Bokrossy, RDH

Kathleen has been bringing engaging energy to the dental profession for over 30 years. An interactive and popular presenter, Kathleen is passionate about making change happen and ensures that every program she presents ignites a spark in the dental hygienist to implement change in their practice right away! Her vision and passion are to help "Transform the Dental Hygiene Experience" for the clinician, the practice, and their patients.


Reduce **patient visits** from 7 to **4.**

ANALOG WORKFLOW	1	2	3	4	5	6	7
	DIAGNOSIS/ PLANNING	SURGERY/ TEMPORIZATION	FINAL IMPRESSION	VERIFICATION JIG	TRY-IN	CORRECTION	FINAL RESTORATION
THE FULL ARCH DS SIGNATURE™ WORKFLOW	1	2	3				4
							VISITS

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 <p>Primescan Primescan intraoral scanning - accurate, quick and simplified impressions.</p>	 <p>OSSIX Reduce steps and complexity of socket grafting for guided bone regeneration and faster future implantation.</p>	<p>DS PrimeTaper EV A modern implant inspired by a proven design. The best features from the Astra Tech Implant System* added to a new tapered implant.</p> <ul style="list-style-type: none"> ● MICROTHREAD ● OSSEOSPEED SURFACE ● PROGRESSIVE THREAD 	 <p>Atlantis Atlantis delivers patient-specific prosthetic solutions for the final restoration.</p>
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visit www.dentsplysirona.com



6:00 p.m. – 9:00 p.m. **The Germ Factor: Living and Working Towards a Safe Practice**

Participants will consider the realities of living in a world in which microbes not only outnumber humans on Earth, but also cells in our own bodies! We will discuss the difference between harmless bacteria and pathogens, and explore how the human relationship with germs has become dysfunctional mainly due to our own activities. Finally, some of the more beneficial aspects of a positive relationship with germs will be presented. We will review the principles of infection prevention and control. We will focus on the application of infection prevention and control with particular reference to the dental facility.



Mr. Jason Tetro

Jason “The Germ Guy” Tetro is a long-time microbiologist and immunologist focusing on human health and infection prevention in control in healthcare. He’s also recognized in the public for his ability to translate complex information into easy-to-understand topics. He has written two bestselling books, *The Germ Code* and *The Germ Files*, and is the host of the *Super Awesome Science Show*.

6:00 p.m. – 9:00 p.m. **The Myths of Pediatric Dentistry**

We do what we were taught in dental school despite time and research passing us by. In this presentation, we’ll look at commonly held but not scientifically based myths in children’s dentistry that have been perpetuated by dentists and the “Lay” media for years (including many old wives’ tales). These will include local anesthesia, minimally invasive dentistry, restorations, pulp therapy and crowns, preventive dentistry, growth and development including treating the frenum, radiography, and behaviour management. We’ll look at the difference between common sense, science, and factless fantasy promulgated by influencers on social media, salespersons, and trade publications.



Dr. David Rothman

Dr. Rothman is a pediatric dentist in San Francisco and Associate Clinical Professor at Case Western Reserve University. He completed residencies in general practice at Albert Einstein Medical Center in Philadelphia, anesthesia at the Medical College of Pennsylvania, and pediatric dentistry at Children’s Hospital Oakland and UCSF. He is past Chair of Pediatric Dentistry at the University of the Pacific and has been President of the College of Diplomates of the American Board of Pediatric Dentistry and the California Society of Pediatric Dentistry. He lectures and publishes nationally and internationally on pediatric dentistry, safety, anesthesia, and sedation.

DO NOT FORGET! OUR FUNDRAISING EVENT RUNS FRIDAY FROM 10 a.m. – 5 p.m. IN THE GRAND FOYER
Proceeds to benefit the TODS Endowment Fund in support of various dental-related charities.



To reduce paper use, some speakers have been asked to allow us to post their handouts on the TODS site. Beginning October 1, you can download the materials of your choice at www.todsmeeeting.com. Not all speakers have agreed to provide handouts.

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FRIDAY A.M. SUPPLIERS' SHOWCASE

OCTOBER 20, 2023

8:30 a.m. – 4:30 p.m. POWER PRACTICE / HENRY SCHEIN
ALL-DAY SESSION Power Practice PX201: Advanced Features

Cost: \$250.00 plus tax. (Fee for delegates AND non-delegates of the 2023 TODS Meeting)

How to Register: You MUST register directly with Power Practice via their website <https://powerpractice.ca/events>

This seminar is designed to introduce participants to the advanced administrative functions of Power Practice specifically in the areas of financial and treatment management, scheduler and advanced reporting. Ideal for front office personal (administrative staff, office manager) who are comfortable with the basics of Power Practice. Some of the topics included are the A/R Manager, Direct Insurance Deposits, Bulk Insurance Debits, Partial Held Reversals, Refunds, Treatment Proposals, Information Manager, and the Document Manager. Participants will be given exercises to be completed using computers throughout the seminar.



Mr. Mehdi Poptani

As the lead trainer with Power Practice, Mehdi has a passion for teaching and coaching clients through various training engagements. As a certified Change Management Professional, Mehdi takes a people first approach in really understanding the impacts an individual goes through in learning not only new software but new processes.

FRIDAY A.M. FEATURED SPEAKERS

OCTOBER 20, 2023

8:00 a.m. – 12:00 p.m. WORKSHOP – SESSION 2
NOTE START TIME Provisional Restorations: Tricks and Tips

LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

Step-by-step demonstration & hands on instruction to simplify the fabrication of functional and aesthetically pleasing provisional restorations. This workshop IS recommended for certified dental assistants who have fabricated provisional restorations in their daily practice or those certified dental assistants who have fabricated provisionals previously but not in their regular practice. This workshop is NOT recommended for certified dental assistants who have never fabricated provisional restorations previously.



Ms. Lian Walraven, CDA, Prosthodontic Module

Ms. Walraven pursued a certified dental assistant education and was licensed in 1986 after spending four years as a laboratory assistant. In 1997, she was among the first group of potential instructors to receive their Prosthodontic Modules, and has been involved as an instructor in the B.C. Interior since that time. She has worked for a certified specialist in prosthodontics since 1998 where she fabricates multiple provisional restorations on a daily basis.

FRIDAY A.M. FEATURED SPEAKERS

OCTOBER 20, 2023

8:00 a.m. – 11:15 a.m. **WORKSHOP – SESSION 1**

NOTE END TIME

Dental Equipment Maintenance and Repair

OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

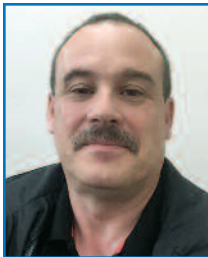


Is your practice's efficiency and productivity affected due to equipment malfunctions and breakdowns? Would you like to reduce repair costs and improve your skills in basic equipment assessment, maintenance, and repair? Prolong the life of our equipment with these simple maintenance tips & techniques.



Mr. Jeff Roy

Jeff has worked in the dental industry for the past six years with Henry Schein. He has experience as a field service technician for 14 years in automated equipment and CNC equipment repair industries, and as a sales/service manager for three years at a CNC equipment manufacturer.



Mr. Ian Doyle

Ian has more than 34 years of experience in the dental industry, transitioning from a dental equipment technician to service manager. Currently, he develops and coaches 17 service technicians in the performance of service and maintenance of dental equipment and to provide outstanding customer service.

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www.pdconf.com




in conjunction with the Canadian Dental Association

8:30 a.m. – 4:30 p.m. **WORKSHOP**

ALL-DAY SESSION

Intense Endodontics

LIMITED TO DENTISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

As a participant in our program, you will become familiar with the use of the “apex last” approach to safe and efficient canal shaping with reciprocating heat treated WaveOne Gold™ nickel-titanium instrumentation. Glide Path creation will be discussed as a pre-emptive measure to ensure a safe pathway to the root canal apex. We will discuss predictable irrigation protocols using Passive Sonic Irrigation, vertical condensation of thermo-softened gutta percha using The Continuous Wave of vertical condensation and Gutta Core™ thermosoftened carriers.



Dr. Gary Glassman

Dr. Glassman graduated from the University of Toronto in 1984, Endodontology Program at Temple University in 1987, and maintains a private practice in Toronto. Dr. Glassman lectures globally on endodontics and is on staff at the UofT, Faculty of Dentistry, in the graduate department of endodontics. He is a Fellow of the Royal College of Dentists of Canada, Fellow of the American College of Dentists, Endodontic Editor for *Oral Health* dental journal, Endodontic Editor for *Inside Dentistry*, Faculty Chair for DC Institute, and Chief Dental Officer for dentalcorp Canada.

8:30 a.m. – 12:00 p.m. **Furcations, Projections, Concavities, Oh My!**

Refresh your knowledge and understanding of dental anatomy and root morphology as well as the innovative tools available to help us identify and debride difficult areas. Discover new instruments available to help us improve access and adaptation and analyze the efficiency of your working strokes. Current research will be analyzed to help identify commonly missed areas and investigate how we can address them. We will review the elements of a comprehensive periodontal assessment and use the AAP Classifications of Periodontal Diseases and Conditions as our road map for proper tool selection to strategically treat our advanced periodontal cases.



Ms. Beth Parkes, RDH, BSc

Ms. Parkes is an international speaker who has been a RDH for 16 years. She has gained her experience through general and independent practice, mobile dental hygiene, orthodontics and periodontics. She is the Vice President of rdhu Inc., leader of their Laser Training Program across Canada, a quality assurance coach, and a cast member of the popular CE Show, *The RDH View*. Beth is a published author and a board member for *Dental Hygiene Quarterly*.

MARK NEXT YEAR'S MEETING DATES ON YOUR CALENDAR: OCTOBER 24 – 26, 2024

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ADCATODS1023

8:30 a.m. – 12:00 p.m. **Dentistry and Forensic Science:
The Good, the Bad and the Fascinating**

From identification of human remains to assessment of bitemark injuries, the human dentition provides important clues to help solve forensic puzzles. Dentistry has long played an important role in forensic science and this presentation provides an introduction to the many aspects of forensics that utilize dentistry to help solve cases. The discussion will include disaster victim identification, criminal cases, age estimation, historical cases, and fascinating forensic facts. An update on local forensic odontology activities in British Columbia will be discussed.



Dr. Dirk van der Meer

Dr. van der Meer is a board-certified forensic odontologist with over 30 years of clinical and forensic dental experience. He assists police agencies and the Coroners Service on forensic cases including identification of human remains and bitemark analysis. He currently serves on several international forensic committees and represents Canada as a delegate to INTERPOL. He is the Chief Forensic Odontologist for the Province of British Columbia and is the President of the Forensic Odontology Response Team B.C. Society.

8:30 a.m. – 12:00 p.m. **Oral Surgery Simplified**

ATTENDANCE OF THIS LECTURE IS MANDATORY FOR PARTICIPANTS OF AFTERNOON WORKSHOP

This course will help the GP navigate pre-operative diagnosis, procedures, and possible complications that can be encountered. Topics covered: pre-operative areas such as steroid use, pregnancy, and anti-coagulant; complications including bleeding, sinus exposure, and dry sockets; extractions and ridge preservation prior to implant placement and biopsy technique and many more areas will be explored using real life examples. The lecture is given in an open format and questions are encouraged. This course is for those who regularly perform oral surgery in their offices and those who would like to do more, but still have questions.



Dr. Toby Bellamy

Dr. Bellamy has been a certified specialist in oral and maxillofacial surgery for almost 20 years. He has a private practice in Coquitlam, B.C. The practice focuses on dentoalveolar surgery and implant dentistry.

8:30 a.m. – 12:00 p.m. **Achieve a Higher Level of Artistry with Anterior Composites**

Learn the fundamental properties of many different types of composite systems, details of shade selection, tints and opaquers, and other pearls that ensure consistent results. Learn how to create polychromatic composite restorations that emulate nature and rival porcelain and contouring and polishing techniques to create exceptional composite restorations.



Dr. David Chan, DMD, AACD

Dr. Chan earned his DMD degree in 1989 from Oregon Health Sciences University. He maintains a full-time practice focused on cosmetic and comprehensive dentistry located in Ridgefield, Washington. Dr. Chan is a past president of the American Academy of Cosmetic Dentistry, as Director at the Center for Dental Artistry and a Clinical Instructor at the Kois Center in Seattle, Washington. He is an accredited member of the AACD and has been published in peer-reviewed dental articles, including articles in the *Journal of Cosmetic Dentistry*.

FRIDAY A.M. FEATURED SPEAKERS

OCTOBER 20, 2023

8:30 a.m. – 12:00 p.m. "Sound" Bites: Quick, Simple Solutions for Achieving Healthy, Functional Occlusions

Establish healthy, comfortable, functional occlusion on all restorations by considering three occlusal objectives. Use a questionnaire to screen for parafunctional and dysfunctional patients and identify two essential functions of the jaw to address most occlusal and joint issues. Respect two "keys" to occlusion, use a simple three-minute, low-cost, low-tech, three-step diagnostic approach to reveal malocclusion and occlusal imbalances, and identify three dental malocclusions. Dr. Lea will discuss making a soft, mandibular "diagnostic" splint to confirm diagnoses and act as a screening device. Learn a quick, low-cost, non-invasive, predictive four-step approach to reduce parafunction and symptoms of occlusal dysfunction. Learn to check and adjust your restorations to correct occlusal defects to establish healthy function. Learn to avoid misdiagnosing confusing, secondary symptoms of occlusal dysfunction so no one ends up doing incorrect, unnecessary treatments.



Dr. William Lea

Dr. Lea graduated from UBC in 1980 and practices general dentistry on Salt Spring Island with a special interest in occlusal problems, joint pain, reduced function, and bite imbalances. His presentations include Chicago's Midwinter Clinic, the New York Dental Meeting, Florida's Dental Conference, and PDC. Dr. Lea is confident his protocol for the diagnosis and treatment of occlusal problems, patient discomfort, and reduced jaw function delivers affordable, consistent, and stable results for patients.

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Jean Crawshaw | 778-928-5757 | jean.crawshaw@dentsplysirona.com

1:30 p.m. – 4:15 p.m. **WORKSHOP – SESSION 2**

Dental Equipment Maintenance and Repair

OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – AUDITING NOT PERMITTED



Is your practice's efficiency and productivity affected due to equipment malfunctions and breakdowns? Would you like to reduce repair costs and improve your skills in basic equipment assessment, maintenance, and repair? Prolong the life of our equipment with these simple maintenance tips & techniques.



Mr. Jeff Roy

Jeff has worked in the dental industry for the past six years with Henry Schein. He has experience as a field service technician for 14 years in automated equipment and CNC equipment repair industries, and as a sales/service manager for three years at a CNC equipment manufacturer.



Mr. Ian Doyle

Ian has more than 34 years of experience in the dental industry, transitioning from a dental equipment technician to service manager. Currently, he develops and coaches 17 service technicians in the performance of service and maintenance of dental equipment and to provide outstanding customer service.

1:30 p.m. – 4:30 p.m. **WORKSHOP**

Oral Surgery Simplified

LIMITED TO DENTISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED



A hands-on course covering everyday and not so everyday scenarios. Practice on life-like models that participants can take to their practice. Topics and procedures include ridge preservation (techniques using resorbable and non-resorbable membranes), sinus exposure, root fracture, biopsy techniques (excisional and punch), suturing (simple interrupted, running both locked and non-locked, figure 8), fractured root retrieval, simple closure of an exposed sinus and management of impacted teeth. Please refer to the TODS Meeting website www.todsmeeeting.com for a list of items participants are required to bring.



Dr. Toby Bellamy

Dr. Bellamy has been a certified specialist in oral and maxillofacial surgery for almost 20 years. He has a private practice in Coquitlam, B.C. The practice focuses on dentoalveolar surgery and implant dentistry.

DO NOT FORGET! OUR FUNDRAISING EVENT RUNS FRIDAY FROM 10 a.m. – 5 p.m. IN THE GRAND FOYER

Proceeds to benefit the TODS Endowment Fund in support of various dental-related charities.



To reduce paper use, some speakers have been asked to allow us to post their handouts on the TODS site.

Beginning October 1, you can download the materials of your choice at www.todsmeeeting.com. Not all speakers have agreed to provide handouts.

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"I had the opportunity to have Chriscan Construction take on my addition and renovation project of a commercial building for my dental office. They were excellent communicators and were very responsive throughout the entire project.

I'm very happy with the quality of their work and the people I worked with. I recommend them without reservation. I had the pleasure of having Shaun Fell as our onsite project manager. He's great to talk to and did an excellent job explaining our options when we ran into some questions with the renovation side of the project. I was really impressed with how we worked on timelines and for the most part kept to them, especially in this time of supply line issues and shortages."

Dr. Jordan Nofle

2023 Featured Project

Oliver Dental Care—Oliver BC

Chriscan Construction is the Okanagan's leading Dental Clinic Specialists, having built countless dental and medical clinics throughout the Okanagan valley. Whether it is a new build or renovation, we collaborate with the design team and dental representatives to ensure continuity from preliminary design to project hand over.

Oliver Dental was a complicated 2 phased renovation including a 1600 sq ft addition which houses 8 new operatories, lab and sterilization center. We successfully renovated the entire clinic while creating minimal closures and disruption to the bustling clinic. Strategic planning and coordination was key to ensure the day to day operation were impacted as little as possible. The colour pallet creates a calming environment for the patients as they are welcomed into the clinic and the spectacular landscape design provides a beautiful view from the operator chairs.



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1:30 p.m. – 4:30 p.m. **Energy Management for the Dental Hygienist**

As dental hygienists, we are in constant vigorous activity all day long as we multi-task and juggle all aspects of life. Do you have any energy left at the end of the day? Do you believe you can have work life balance?



Maintaining our energy is directly connected to the health of our patients. Learn to personalize your instrumentation kits based on your clients' unique needs to help with organization, satisfaction, and engagement. Identify and prevent wear and damage to instruments and ultrasonic inserts (energy drainers). Understand and select appropriate ultrasonic inserts to maximize longevity and organization, discover new instrument technology and adapt your technique. Learn strategies on effective leadership to make change and bring happiness, peace, and purpose to your day. Discover tools to empower patients to take control of their own oral health and strategies on managing energy drainers.



Ms. Kathleen Bokrossy, RDH

Kathleen has been bringing engaging energy to the dental profession for over 30 years. An interactive and popular presenter, Kathleen is passionate about making change happen and ensures that every program she presents will ignite a spark in the dental hygienist to implement change in their practice right away! Her vision and passion are to help "Transform the Dental Hygiene Experience" for the clinician, the practice, and their patients.

1:30 p.m. – 4:30 p.m. **Advanced Periodontal Surgical Therapy: Setting Up Restorative Cases for Success**

Explore crown lengthening to improve the restorative prognosis and longevity of a tooth. Proper case selection, following basic rules, and precise technique is vital. The second half of the lecture will cover how to pivot if a tooth cannot be saved, and it will address ridge preservation. Learn how implant placement can become complicated if the site lacks bone or keratinized tissue and avoid this by keeping ridge preservation in your pre-implant toolbox. Become familiar with indications and contraindications for crown lengthening and ridge preservation, surgical steps, common materials, and techniques to preserve the alveolar ridge, expected results, potential complications, and how to manage complications.



Dr. Sam Malkinson

Dr. Malkinson graduated from McGill in 2007, did an Advanced Education in General Dentistry Residency at the University of Connecticut, a General Practice Residency at UBC, and a specialty in Periodontics at Virginia Commonwealth University, where he earned his Master's degree for his thesis on the effects of aesthetic crown lengthening on social perceptions. He maintains a full-time private practice in Montreal limited to periodontics and implantology. He has been a Faculty Lecturer at McGill University since 2012, and he is the recipient of numerous teaching awards. He also spent a brief period at Université de Montréal's Faculté de médecine dentaire as a clinical instructor of periodontics.

MARK NEXT YEAR'S MEETING DATES ON YOUR CALENDAR: OCTOBER 24 – 26, 2024

Want to register early online as an individual or office or keep up-to-date on what we have planned?

Go to www.todsmeeeting.com

FRIDAY P.M. FEATURED SPEAKERS

OCTOBER 20, 2023

1:30 p.m. – 4:30 p.m. **Clear on Codes – 2023, Fall Edition: Learnings from Real Member Enquiries**

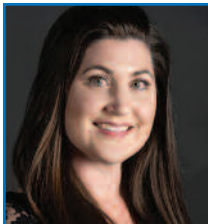


Join BCDA to understand how the *Suggested Fee Guide* is structured and the role of preambles and billing codes. Get exposure to some common issues regarding billing codes and how to deal with them. Have opportunities to ask questions about the fee guide and learn helpful communication tips on dealing with difficult patient conversations.



Dr. Salima Dadani, Director Member Support

Dr. Dadani’s journey in dentistry over the last 22 years has included being an associate, practice owner, and owner of an innovative business that brings the dental clinic to patients who can no longer get to their traditional dentist. He has a strong commitment to volunteering, including BCDA’s Geriatric Dentistry Committee.



Dr. Michelle Lauwers, Director Member Support

Dr. Lauwers earned her BSc from SFU and DDM from UBC. She began her dental career as a CDA and following completion of her DMD, she worked both as associate dentist in private practice and as a sessional dentist for Vancouver Coastal Health, providing dental care to underprivileged children. Dr. Lauwers continues her clinical practice with public health.



Ms. Jenny Greenwood, Practice Advisor, Member Support Team

Jenny has 20 years of combined experience in the dental profession as a CDA, dental receptionist, and a dental assisting instructor. She advises members and their staff on topics and issues such as employment standards, regulation, insurance, and practice management. Jenny is also a mediator, assisting in disputes between patients and dentists.

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FRIDAY P.M.

OCTOBER 20, 2023

FEATURED SPEAKERS

FOR COMPLETE EVENT DETAILS, SPEAKER BIOGRAPHIES AND COURSE OUTLINES, VISIT WWW.TODSMEEETING.COM

1:30 p.m. – 4:30 p.m. **TMJ: Is the Pain All in the Head?**

There is an over-emphasis on structural-based treatments for TMD, using intricate manual therapies, splints, injections, and surgeries to “fix” specific structural lesions. Current evidence supports the existence of widespread pressure pain sensitivity and central sensitization in patients with TMD. With greater awareness of central pain, clinicians may reduce their focus on blaming structural lesions for persistent TMJ symptoms. We will cover basic classification for TMD, identify TMD presenting as either nociceptive or centrally sensitized pain using simple assessment skills, applying muscular retraining exercises with the intention of desensitizing (not fixing), review management options for persistent TMJ pain syndromes unresponsive to typical management strategies.



Dr. Bahram Jam, PT

Dr. Jam graduated from the University of Toronto and completed a Clinical Masters and Doctorate in Physical Therapy at the University of Queensland, Australia and at Andrews University, USA respectively. He is the founder/director of Advanced Physical Therapy Education Institute (APTEI) and a chief instructor for over 1,000 postgraduate orthopaedic courses across Canada and internationally. He has presented at several national and international conferences and currently practices at Athletes Care in Toronto.

4:00 p.m. – 6:00 p.m. **Okanagan College Dental Assisting Alumni 1974 – 2023**



Join us for a fabulous opportunity to meet up with your colleagues and instructors from school! Reminiscence, see where being a CDA has taken your colleagues, discuss professional issues, and take the time to further foster and grow professional comradery! It is your profession! Come join us for an hour or two of fun and laughs! All Okanagan College Dental Assisting Alumni attending the 2023 TODS Meeting are invited to attend the 16th Annual Meet & Greet. Please R.S.V.P. (250) 762-5445, ext 4221.

SATURDAY

OCTOBER 21, 2023

FEATURED SPEAKERS

3 SESSION TIMES TO CHOOSE FROM

- 8:00 a.m. – 10:00 a.m. **WORKSHOP 1**
- 10:30 a.m. – 12:30 p.m. **WORKSHOP 2**
- 1:00 p.m. – 3:00 p.m. **WORKSHOP 3**

SESSIONS ARE REPEATED

OPEN TO ALL DENTAL TEAM MEMBERS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

BLS CPR Recertification

Designed to build participant confidence in performing cardiopulmonary resuscitation (CPR skills) in a team environment for professionals with a duty to respond. Teaches the important steps to perform a rapid assessment, perform Basic Life Support (BLS) skills, airway obstruction, assisted ventilation, perform rapid defibrillation including use of an Automated External Defibrillator (AED) and basic life support special considerations.



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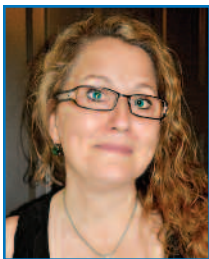
Offer valid October 1st, 2023 through October 31st, 2023 in BC only. This promotion is only available through authorized dental distributors. Cannot be combined with other promotional offers. Single transaction is required. Dealer to ship free goods with order for all items. Please redeem using code **TODS23EXC**

8:30 a.m. – 12:30 p.m. **WORKSHOP – SESSION 3**

Provisional Restorations: Tricks and Tips

LIMITED TO CERTIFIED DENTAL ASSISTANTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED

Step-by-step demonstration & hands on instruction to simplify the fabrication of functional and aesthetically pleasing provisional restorations. This workshop IS recommended for certified dental assistants who have fabricated provisional restorations in their daily practice or those certified dental assistants who have fabricated provisionals previously but not in their regular practice. This workshop is NOT recommended for certified dental assistants who have never fabricated provisional restorations previously.



Ms. Lian Walraven, CDA, Prosthodontic Module

Ms. Walraven pursued a certified dental assistant education and was licensed in 1986 after spending four years as a laboratory assistant. In 1997, she was among the first group of potential instructors to receive their Prosthodontic Modules, and has been involved as an instructor in the B.C. Interior since that time. She has worked for a certified specialist in prosthodontics since 1998 where she fabricates multiple provisional restorations on a daily basis.

2 SESSION TIMES TO CHOOSE FROM

8:30 a.m. – 11:00 a.m.

WORKSHOP 1 WORKSHOP 2

11:30 a.m. – 2:00 p.m.

NOTE START & END TIMES

SESSIONS ARE REPEATED

Maintain Your Edge: Sharpening and Instrumentation

Sharpening dental hygiene instruments is an important skill we must master as dental hygienists. In this hands-on workshop you will learn how to achieve a sharp edge every time with a quick and easy method! You will be introduced to a variety of new instruments and learn how to streamline your cassettes based on the Classifications for Periodontal and Peri-Implant Diseases and Conditions (considering root morphology and anatomy in advanced cases). We will cover intentional design and function of advanced instruments, review basic root morphology and its impact on instrument selection and technique, and creating unique cassettes based on the anatomical needs of your client. Be prepared to get re-engaged and transform how you are currently practicing!

LIMITED TO REGISTERED DENTAL HYGIENISTS AND THERAPISTS – MUST PRE-REGISTER – AUDITING NOT PERMITTED



Ms. Kathleen Bokrossy, RDH

Kathleen has been bringing engaging energy to the dental profession for over 30 years. An interactive and popular presenter, Kathleen is passionate about making change happen and ensures that every program she presents will ignite a spark in the dental hygienist to implement change in their practice right away! Her vision and passion are to help “Transform the Dental Hygiene Experience” for the clinician, the practice, and their patients.

Ms. Beth Parkes, RDH, BSc

Ms. Parkes is an international speaker who has been a RDH for 16 years. She has gained her experience through general and independent practice, mobile dental hygiene, orthodontics and periodontics. She is the Vice President of rdhu Inc., leader of their Laser Training Program across Canada, a quality assurance coach, and a cast member of the popular CE Show, *The RDH View*. Beth is a published author and a board member for *Dental Hygiene Quarterly*.

8:30 a.m. – 12:30 p.m. External Threats to Your Practice
TWO COURSES!

Embezzlement isn't the only way your practice can be robbed; this session focuses on how not to be a target for external threats like scams, burglary, and identity/information theft. David will describe simple enhancements to help physically secure your practice, identify typical scams, improve the cybersecurity of your practice, and take actions that will help safeguard information and patient data.

How to Avoid the Worst Hiring Mistake of Your Life

Imagine David's shock when, two weeks after he caught his first embezzler, he had an appointment at his own dentist's office and saw her there! Serial embezzlers, and other undesirable employees are all too common in dentistry and can cause tremendous damage to a practice. David has been given a front-row seat to observe how people who should never work in dentistry get hired, and he distills that wealth of knowledge down to concrete hiring steps that a practice owner or office manager can use to find out what applicants don't want them to know.



Mr. David Harris

David has spent much of his adult life in the world of investigation and enforcement, using his ability to understand the criminal thought process to help educate and protect dentists. David is the CEO of Prosperident, the world's largest firm investigating financial crimes committed against dentists. David is a licensed private investigator, a Forensic Certified Public Accountant, and a Certified Fraud Examiner. He is the author of the book *Dental Embezzlement: The Art of Theft and The Science of Control* and over 30 articles in dental publications. David is a frequent presenter at dental conferences, and his wealth of experience and keen sense of humour makes David an engaging and entertaining speaker.

8:30 a.m. – 12:30 p.m. Trends That Are Changing Planning and Treatment in Periodontics and Implant Dentistry

Review emerging trends in surgical and restorative thinking and treatment, and how they are changing today's clinical landscape. The goal is to provide ideal care with proven materials and predictable concepts from surgery through to restoration. However, early adoption of emerging technologies and innovations may challenge this philosophy. The objectives of this presentation include reviews of digital/virtual planning, communication, documentation, and treatment, how technology is changing the surgical and restorative landscape and simplified protocols to implement this into daily practice. We will cover demand for immediate treatment surgical and restorative protocols in small edentulous sites, soft tissue grafting to improve esthetics, tissue quality and long-term stability, the role of new grafting procedures and material alternatives and where they apply. We will look at bone grafting and procedural advances to improve tissue handling and enhance the host response.



Dr. Sonia Leziy

Dr. Leziy, Periodontist, maintains a full-time practice in Nanaimo, B.C. She has received numerous lecturing/education awards, and she is published in the areas of implant esthetics, digital workflow, and soft tissue procedures. She is editor of the implant section of *Inside Dentistry* (Aegis Publications). She maintains several specialty memberships and is an ITI fellow and a member of the ITI Board of Studies. She lectures internationally and provides education programs through Elatus Dental Bio-Architecture (www.elatus.ca) and Vancouver Island Dental Specialists (www.videntalspecialists.com).

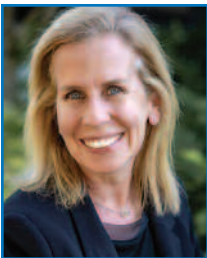
8:30 a.m. – 12:30 p.m. **Autism and Neurodiversity in Dentistry: Strategies for Success**

Find out how to better support and treat autistic and neurodivergent individuals of all ages in the dental setting. Hear from autistic individuals about their dental experiences and learn evidence-based strategies that can be used before, during and after appointments to create successful dental visits for all. The new free, on-line, self-paced program “Autism & Neurodiversity in Dentistry” developed by CIRCA at UBC will be reviewed and is available to support your ongoing development. Learn key features of autism and neurodiversity, components of systematic desensitization, address common myths/stereotypes, how to create a sensory adapted dental environment, use visual supports, and provide an individualized at-home oral hygiene plan based on a family-centered approach.



Dr. Karen Bopp

Karen has worked with autistic individuals in B.C. for over 28 years. She began her career as a speech-language pathologist, completed a PhD in Special Education and an interdisciplinary post-doctoral fellowship at UBC. Recently, Karen was on secondment to the UBC Centre for Interdisciplinary Research and Collaboration in Autism where she created four pro-d programs for medicine, dentistry, employment, and childcare to improve access to effective, evidence-based services and promote accessibility, acceptance, and inclusion for neurodivergent individuals. Karen is currently the Executive Advisor for Children and Youth with Support Needs for the Office of the Representative for Children and Youth.



Ms. Kayla Ragosin-Miller

Kayla is a University of Manitoba graduate. She is the hygienist at B.C. Children’s Hospital and a lecturer on Special Needs Dentistry. She created the Special Smiles Dental Intervention Program for those with Autism and Related Disorders. Kayla partnered with CIRCA at UBC to collaborate and develop professional development module for professionals to learn to support autistic and neurodivergent clients in the dental office. She also works as a part-time instructor and works in private practice.

8:30 a.m. – 12:30 p.m. **Cannabis, Opioids and Antibiotics in Dentistry**

We will delve into three pharmacology topics in this course. With the legalization of cannabis in Canada in October 2018, it is important dentists be informed and understand how cannabis can affect our dental practices. Analgesics are often used to manage post-operative pain. In this course, we will discuss the evidence on the efficacies of different analgesics. In 2021, AHA updated the antibiotic prophylaxis regimen for bacterial endocarditis. Recommendations on antimicrobial agents for preventing and treating infections are evolving. We will cover various classes of antibiotics, latest recommendations on use with a focus on dental surgeries and implants, and strategies to approach patients with “penicillin allergies”.



Dr. Clifford Pau

Dr. Pau obtained his MSc in Pharmacology and DMD from UBC in 2000 and 2004, respectively. Upon graduation, he started to practice general dentistry in B.C., Ontario, and Hong Kong. He is a Clinical Associate Professor and pharmacology course coordinator at UBC Dentistry. In recent years, Dr. Pau has collaborated with the B.C. Center for Disease Control, the authors of Bugs and Drugs, the SPIRES team, and Vancouver Coastal Health to improve antibiotics use in dentistry.

TODS SPECIAL DOUBLE PRESENTATION

LIMITED TO DENTISTS ONLY

12:30 p.m.

Update to the Profession



Join us in hosting the new President of the British Columbia Dental Association (BCDA), Dr. Robert Wolanski, as he discusses issues at the forefront of dentistry in B.C. and Canada. Dr. Wolanski will explore the complexities of our profession, addressing vital topics such as the progress of the highly anticipated national dental care plan and the significant implications of the evolving HPOA changes. This lively event will provide invaluable insights, informed perspectives, and elevate your understanding of the changing dental landscape.



Dr. Robert Wolanski

Dr. Wolanski is a highly regarded dentist based in Nanaimo who also holds a degree in microbiology. He has advanced training in implant dentistry and is Director of the Vancouver Island Implant Centre. Dr. Wolanski is President of the BCDA and Chair of its Dentist Wellness Program. He is a Fellow of the International Congress of Oral Implantologists with Mastership status.

1:00 p.m.

Embezzlement: How to Outsmart the Thief in Your Practice

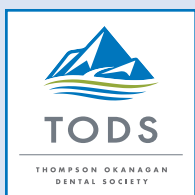


Using cases drawn from Prosperident's extensive files as teaching tools, Mr. David Harris provides his audience with an inside look at dental practice embezzlement that is not available anywhere else. His deep understanding of the criminal mindset allows him to take his audience inside the thought process and behaviour of embezzlers, and he will dispel many of the persistent misconceptions on this topic. Audiences will acquire the ability to recognize the warning signs of theft and will leave with concrete action steps that will radically lower their risk of being victimized.



Mr. David Harris

David has spent much of his adult life in the world of investigation and enforcement, using his ability to understand the criminal thought process to help educate and protect dentists. David is the CEO of Prosperident, the world's largest firm investigating financial crimes committed against dentists. David is a licensed private investigator, a Forensic Certified Public Accountant, and a Certified Fraud Examiner. He is the author of the book *Dental Embezzlement: The Art of Theft and The Science of Control* and over 30 articles in dental publications. David is a frequent presenter at dental conferences, and his wealth of experience and keen sense of humour makes David an engaging and entertaining speaker.



TODS ANNUAL GENERAL MEETING Virtual Meeting!

Join the TODS Executive at the Virtual Annual General Meeting. Please email tods@shaw.ca to request a zoom link to attend. All Thompson Okanagan dentists are welcome to attend. Date and time will be posted on www.todsmeeting.com.

12:30 p.m.

BRITISH COLUMBIA DENTAL HYGIENE ASSOCIATION and CERTIFIED DENTAL ASSISTANCE ALLIANCE LUNCHEON MEETING Current Issues Update

All Registered Dental Hygienists, Dental Hygiene Practitioners, Certified Dental Assistants and Dental Therapists are welcome to attend lunch and to join the BCDHA Board of Directors for an informative discussion of the current issues and trends in the dental profession in B.C. This is your opportunity to share your thoughts and ideas, and to hear the latest updates from your professional association.



MARK NEXT YEAR'S MEETING DATES ON YOUR CALENDAR: OCTOBER 24 – 26, 2024

Want to register early online as an individual or office or keep up-to-date on what we have planned?

Go to www.todsmeeeting.com

MNP

Grow your practice with the Canada Digital Adoption Program

Accelerate your growth journey with \$15,000 in digital transformation funding from the federal government. The Boost Your Business Technology grant covers up to 90 percent of the costs of working with a digital advisor like MNP to assess your needs and build a technology adoption roadmap that will keep you and your patients smiling for years to come.

For more information, email CDAPsupport@mnp.ca or visit www.mnpdigital.ca/cdap

Wherever business takes you

Support the Success of Your Practice

Access \$15,000 in funding through the Canada Digital Adoption Program

By Marty Clement, CPA, CA, MNP LLP

Owners of professional practices are always busy — and balancing patient care with managing a business doesn't leave you with much time to think strategically or maintain harmony in your personal life.

While you can't create more hours in a day, the latest digital tools can help you make more of the time you do have by alleviating many resourcing constraints and helping you increase revenue, reduce costs, and create efficiencies in your dental practice.

However, the up-front investment required to adopt new digital tools and replace old ones remains one of the biggest barriers to innovation for small businesses. That's why the Canadian government is offering the Canadian Digital Adoption Program (CDAP) to stimulate more digital investment across the country.

WHAT FUNDING IS AVAILABLE FOR MY PRACTICE THROUGH CDAP?

The \$15,000 Boost Your Business Technology Grant is one of the funding opportunities for qualifying small businesses under CDAP. This grant covers up to 90 per cent of the cost to retain a digital advisor to guide you on your path toward digital transformation. It will also equip you with a step-by-step roadmap to get your new technology up and running.

An advisor can help you understand which digital investments would be the best fit for your dental practice and which tools would best meet your needs. By connecting you with a digital advisor like MNP, the program also lowers the financial burdens and risks associated with digital transformation without compromising the potential rewards for your practice.

Additionally, you can apply for an interest-free loan of up to \$100,000 if you decide to embrace the digital transformation plan you created. This loan enables you to purchase software and hardware, train employees, and make your plan for your dental practice a reality.

HOW CAN CDAP SUPPORT MY DENTAL PRACTICE?

Digital transformation can empower your dental practice to meet the evolving expectations of both your patients and employees and increase the efficiency of everything from booking appointments and submitting insurance claims to running your back office.

Digital tools can also support your practice all along the value chain. Whether you are collecting patient data, scheduling, managing human resources or billing, the right technology can alleviate many of your pain points, increase revenue, and improve efficiency.

These are just a few examples of how CDAP can support the success of your dental practice:

- Internet connected dental equipment: Make data-driven decisions to improve patient experience by introducing internet connected dental equipment.
- Bookkeeping and payroll: Empower your staff to focus on more specialized tasks by automating routine tasks such as billing and account reconciliations.
- Scheduling: Reduce the time required to resource your dental practice and improve visibility for your patients and team members.
- Patient intake, reminders, and check-in: Automate much of the patient experience and reduce the need for staff to manually input information or make reminder phone calls.
- Billing management: Invoice more efficiently and make it easier to follow up on outstanding submissions that have not yet been paid.
- Practice management: Enhance people processes and patient relationships to make both human resource management and your dental practice more efficient.
- Security: Ensure a safe practice with general digital security and cyber security offerings.
- Data analytics: Focus insights to market more effectively, make informed financial decisions, create added value for your patients, and much more.

Take the next steps toward success.



Contact CDAPsupport@mnp.ca or visit www.mnpdigital.ca/cdap to start your CDAP journey. MNP's Digital Advisory team can create a personalized approach to digital transformation for your dental practice — and help you get started on the path toward success. For further information contact Marty Clement, CPA, CA, Regional Leader, Thompson-Okanagan, Professional Services at 250-979-1742 or marty.clement@mnp.ca.



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Change With the Times

Overcoming staffing challenges in the dental industry

By Nicola Deall, CHIEF PEOPLE OFFICER, DENTALCORP

We are in unique times. The labour behaviours and work preferences have shifted, the talent supply in our industry hasn't recovered, and finding really great, passionate, and patient-centric team members became really challenging. In the competitive landscape of the dental industry, winning the war for talent requires proactive management of the workforce supply. Rather than waiting for the need to recruit, successful practices are implementing proactive strategies to attract and retain skilled professionals to ensure a strong team. Here are a few strategies to help overcome staffing challenges and win the war for talent.

TRAIN FROM WITHIN

Many dental assistant schools offer virtual learning options, allowing students to work chairside while completing their education. These students, though operating within a reduced scope, can contribute significantly and perform various tasks that a fully qualified Certified Dental Assistant can handle. In fact, some government funding programs can cover two-thirds of the cost of the program, which allows your team member to keep working while pursuing further qualifications. It can be beneficial to partner with organizations that specialize in on-the-job qualifications and allow individuals to upskill while earning a salary.

COLLABORATE WITH LOCAL COLLEGES

Establish connections with local colleges and advertise partial scholarship reimbursements at your practice in exchange for time spent in a role. This will allow you to attract aspiring dental professionals who are looking for opportunities to gain practical experience while pursuing their education. By nurturing these relationships, you can identify promising candidates early on and reach out to them when suitable roles or shifts become available.

EMPHASIZE TECHNOLOGICAL ADVANCEMENTS

Investing in digital technologies, such as digital X-rays and intraoral scanners, can significantly enhance your practice's attractiveness to potential candidates. In fact, advanced technology not only improves efficiencies and patient care but also supports ongoing learning for your team members. Moreover, improvements to systems and processes will pay off later when the staffing shortage alleviates, allowing practices to be more competitive down the line.

INVITE PROSPECTIVE DENTAL PROFESSIONALS IN YOUR AREA FOR A CLINIC TOUR

This is an opportunity to get to know potential team members and identify those who align with your practice's values and culture. By showcasing a patient-centric environment where communication and respect among team members are at the core of your work, candidates would want to work with you. This will help you find someone when a role or shift is available in your clinic.

IMPLEMENT REFERRAL PROGRAMS

Encourage your team members to recommend talent within their network by offering referral bonuses. When employees are incentivized to refer great candidates, they are more likely to speak positively about your practice and share job postings on relevant platforms. This can expand your reach and attract a wider pool of qualified applicants.

CREATE A GREAT TEAM CULTURE

Practices with positive cultures where people enjoy coming to work are united as a team and work well together, resulting in lower turnover. Losing great team members is costly and having a really strong culture requires thoughtfulness and leadership but doesn't have to be expensive. You are better off investing in building a great team and keeping good people than spending more on replacing them.

Dental professionals play a critical role in providing essential oral healthcare however, staffing challenges can impact the quality of care and patient experience. By implementing the strategies noted above, you will be able to attract and retain top talent, improve the quality of care provided to patients and maintain a successful dental practice.



Nicola Deall is dentalcorp's Chief People Officer and oversees the company's human resources strategy. She's a proven leader working with high-growth and large-scale businesses with expertise in organization development, HR consulting, people strategy, talent acquisition, systems implementation, and analytics. Nicola holds a Bachelor of Business from the University of Technology Sydney.








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Continuing Education Calendar

LEADING EDUCATION



SEP 29	VANCOUVER, BC 8:30AM - 4:30PM		DAVID CHAN, DMD, AAACD Demystifying How to Create Amazing Anterior Composite Restorations IN-PERSON HANDS-ON 6.5 CE CREDITS
OCT 5	CALGARY, AB 6:00PM - 9:00PM		PETER BARRY A New Playbook for Thriving & Success in Clinical Practice IN-PERSON LECTURE 2 CE CREDITS
OCT 20	CALGARY, AB 8:30AM - 4:30PM	 	JOHN BOGLE, DMD, MS, FRCD(C) & MICHAEL CRISANTI, DMD, CAGS (Endo), FRCD(C) Treatment of Dental Trauma and Obturation of Root Canal Systems IN-PERSON HANDS-ON 6.5 CE CREDITS
NOV 24	EDMONTON, AB 8:30AM - 4:30PM		DANIÈLE LAROSE, DMD, AAACD Esthetic Composite Restorations Post-Orthodontic Cases IN-PERSON HANDS-ON 6.5 CE CREDITS

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OAT for OSA

Oral Appliance Therapy for Obstructive Sleep Apnea: the dentist's role

Contributed By Somnomed Canada

Obstructive Sleep Apnea (OSA) is a condition characterized by repeated partial (hypopnea) or complete (apnea) obstruction of the upper airway during sleep, leading to disrupted breathing patterns and subsequent oxygen deprivation. These repetitive disturbances and the chronic sleep deprivation they cause have both physical and psychological consequences. People with untreated sleep apnea are more likely to have motor vehicle crashes, hypertension, heart attacks, irregular heartbeat, stroke, depression, impotence, and diabetes.

Based on data from the Canadian Thoracic Society:

- 26 per cent of Canadian adults aged 18 years and older are estimated to be at high risk for having or developing obstructive sleep apnea.
- 1 of every 5 adults has at least mild sleep apnea (20%).
- 1 of every 15 adults has at least moderate sleep apnea (6.6%).
- 2 to 3 per cent of children are likely to have sleep apnea.

In October 2017, the ADA adopted a resolution titled "The Role of Dentistry in the Treatment of Sleep Related Breathing Disorders (SRBD)" This resolution states, in part, that "*dentists are encouraged to screen patients for sleep related breathing disorders as part of a comprehensive medical and dental history. If risk for SRBD is determined, these patients should be referred, as needed, to the appropriate physicians for proper diagno-*



sis." More and more dental providers are recognizing the opportunity to help these patients by offering treatment using oral appliance therapy. There are numerous options both provincially and nationally for additional training and certification available to become a credentialed dental sleep medicine provider.

Custom made mandibular advancement devices (MADs) are a proven non-invasive treatment option for OSA and are often more convenient and tolerable than PAP therapy. Dental professionals are in a unique position to implement simple screening programs for OSA with very little additional time spent. There are sev-

eral intraoral signs and symptoms associated with OSA that can be detected by dental professionals during routine clinical encounters (redness of the soft palate and uvula area, narrow palate, enlarged/scalloped tongue, torus mandibularis, dry mouth, bruxism, retrusive jaw). Short, validated questionnaires such as the STOP-Bang, can also be used by dental professionals in conjunction with the medical history when screening for OSA. Patients who are identified as potentially having OSA are then referred for a sleep study to confirm diagnosis.

The American Academy of Sleep Medicine (AASM) and the American Academy of Dental Sleep Medicine

(AADSM) guidelines recommend that sleep physicians consider prescription of oral appliances for adult patients with OSA who are intolerant of CPAP therapy or prefer alternate therapy, and it suggests that oral appliance therapy (OAT) be provided by a qualified dentist using a custom, titratable appliance

Sleep physicians across Canada acknowledge and often suggest OAT as part of their treatment options when communicating back to the primary care physician after a sleep study. SomnoMed's Medical Initiative mandate is to create a physician-to-dentist network so patients can be educated and referred to be treated with a custom oral appliance. SomnoMed's business development managers introduce highly qualified DSM providers to prescribers, where dentists are presented as the colleagues and patient care partners they are. By educating the public and the medical community about the benefits, limitations, and appropriate use of OAT, more individuals could be inclined to explore this treatment avenue, leading to improved sleep and health outcomes.

Lower friction pathways for diagnosing via home sleep testing, the leveraging of rapidly growing telemedicine opportunities and greater adoption of direct-patient marketing and treatment pathways have contributed to the significant growth of SomnoMed's and our dental customers' treatment impact.

Yet, in relation to the enormous number of undiagnosed, untreated, and unsuccessfully treated OSA sufferers, it's clear that the field of DSM has been lying outside of the primary ecosystem where millions of patients are seen and treated, successfully or otherwise. Incorporating sleep apnea treatment expands the scope of a dentist's practice, allowing diversification and addressing a growing health concern. By offering comprehen-




sive oral health services, including the identification and treatment of sleep apnea, dentists can attract new patients, enhance patient loyalty, and differentiate themselves in the health-care market.




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Serving all of Alberta and conveniently located in SE Calgary, we offer fast (2 weeks or less), convenient, affordable home sleep apnea testing that you can do in the comfort of your own home. If you are diagnosed with OSA, we'll provide you with unbiased education of various treatment options to help you choose the right therapy for you. We will also help you find the right treatment provider, whether a qualified sleep dentist for Oral Appliance Therapy, a company that provides CPAP or other qualified sleep professionals for other treatment options.

SomnoMed Sleep Services is a sleep diagnostics service. We don't provide or sell CPAP or Oral Appliance Therapy. Our goal is to provide you with reliable diagnostic testing and unbiased guidance toward the right treatment choice for you.

No Compromise on Quality

Making smart choices about dental instruments

Contributed By Progressive Edge Hygiene Instruments Inc.



The inception of Progressive Edge in 2006 came from the realization that dental hygienists and dental offices needed a quality alternative to the hygiene instrument retipping companies available at the time. As friends and colleagues since high school, Heidi and Colin have a long history of collaboration, and put their years of hygiene experience to use to form Progressive Edge.

Since then, Progressive Edge has grown their product line by designing and producing innovative and ever-evolving dental hygiene products that have become standard use for hygienists; the EdgePRO Sharpening Steel and the PeriPro Universal Curettes are our most recent additions.

Progressive Edge provides dental offices with new scalers and diagnostic instruments as well as retipping and sharpening services for incredibly reasonable prices. We take the time to educate dental professionals about retipping so they can make informed choices about their hygiene instruments.

The continued rising costs since Covid-19 have dental offices looking for options to acquire exceptional instruments without the exorbitant prices of large dental manufacturers and supply companies. That is where Progressive Edge comes in — meeting a need that is especially impor-

tant when you consider that most hygiene instruments are consumable products that must to be replaced every 4-12 months. We offer extremely reasonable prices on our hygiene instruments, whether you buy new or retip, without compromising quality.

We are two hygienists striving to help dental offices and hygienists get all the instruments they need to provide excellent treatment for their patients. If you could reduce your hygiene instrument costs by 45-70 per cent, be environmentally conscious by retipping, support a Canadian company with outstanding customer service, and not compromise on quality, wouldn't you do it? Seems like a no-brainer to us!



For more information, contact Progressive Edge at 403 880-7526 or visit www.progressiveedge.ca.

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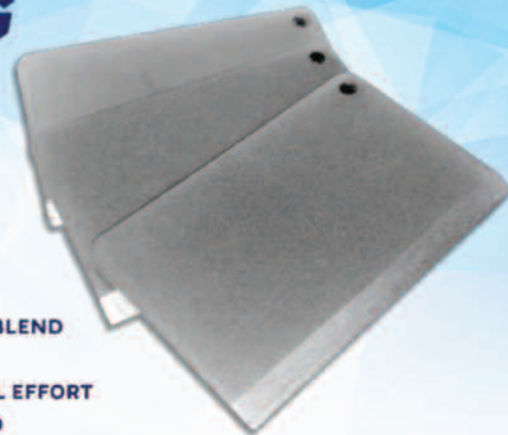


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Providing Good Care Isn't Enough

Tips for managing a successful dental practice

Contributed By Scotiabank

There is more to running a prosperous dental practice than providing patients with excellent care. If you want to have strong patient retention rates, you need to invest in other factors such as the creation of a welcoming, friendly, safe, and sterile environment. You also need to consider the financial side of your business while exploring ways to grow and expand. Here are five ways to help your practice thrive.

GET EXPERT ADVICE

As a dentist, your area of critical expertise and passion is oral healthcare. When it comes to financial and business decisions involved in effectively running a practice, it's recommended to consult with specialized professionals, says Bart Bagrowicz, Director & Group Lead, Healthcare & Professional Banking, Western Canada at Scotiabank. "By connecting with a healthcare specialist and accountant, you can better ensure that you're armed with the knowledge, data and intelligence you need to make informed financial decisions."

Bagrowicz also suggests getting professional support to help you develop a sound business plan. "We encourage everyone to either create a business plan of their own or design one in consultation with a business planner or accountant."

BUILD A STRONG TEAM

Not only is it important to surround yourself with a team of professional advisors, but you also need to hire knowledgeable staff to help run your operation. "Having the support of an experienced office manager is paramount because they can maintain a well-organized patient schedule," says Dory Reich, Senior Manager, Healthcare & Professional Specialist. They can also efficiently manage last-minute cancellations and requests for emergency service, close out gaps in your schedule, make sure you're not overbooked and prevent long wait times for your patients.

LOOK FOR WAYS TO BE UNIQUE

If your practice is in a region where there are several other clinics, you may need to come up with creative ways to stand out from the rest. A survey of local clinics might enable you to determine whether there may be certain oral care services that your competitors aren't providing.

Also, remember that first impressions are meaningful. An inviting office environment or spa like atmosphere can provide patients with a positive experience and increase the likelihood of their return. Not only can such décor make visiting your clinic more enjoyable, but it may also help calm the nerves of those who are typically anxious about dental treatment.

USE DIGITAL MARKETING TO BUILD YOUR PATIENT BASE

One thing the COVID pandemic highlighted was the need for a strong digital presence. The internet has become the place people are most likely to turn to find all types of services – including dentistry. Having an engaging, user-friendly website is essential to help build and grow your business. It can provide potential patients with information about your services and directions to your clinic. Plus, it can make it possible for patients to book appointments easily and efficiently directly through your site.

When developing content for your website, incorporate the keywords that those looking for dental services online are most likely to input into search engines. The clearer the language, the better. For example, a web page with the title "dental office, Kelowna" is more likely to be found by someone searching for a local dentist than one with a generic title like "oral care." You should also consider creating a social media profile and potentially launching a targeted advertising campaign aimed at social media users in your region, for example.

MONITOR YOUR FINANCES

Along with establishing an initial business plan, it's essential to continuously track and monitor your cash flow and expenses and outstanding debts, to ensure your business continues to stay on track. Sherveen Kamran, Senior Manager, Healthcare & Professional Specialist, says she conducts an annual review with all her clients. "It provides an opportunity to go over their finances and recommend any adjustments that may be advantageous based on the current market," says Kamran.

"As healthcare specialists, we provide expertise in practice financing and business banking advice and solutions and work in partnership with all of the client's professional advisors to make sure that every aspect of the financial planning is taken care of," says Kamran. "We are the dedicated one point of contact for all their personal and practice needs."

For more information and customized advice and solutions to help manage your dental practice, contact us at scotiabank.com/dentists.

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Prepared and Protected

Tech support for your dental practice

By Ashton Ariana, Founder, Forbes IT

The inception of Forbes IT can be traced back to a casual gathering with a friend who happened to be a dentist complaining about IT problems at their clinic. Having heard similar complaints before and being a natural problem solver, I offered some helpful tips that soon led to me assisting the dentist at their clinic, as well as several others. Despite working full-time for an international company, I saw an opportunity to make a positive impact and thus Forbes IT was born. Our focus has been on improving the IT systems of dental clinics, with the introduction of cloud backup services in 2012 and Smart backup in 2019. Through primarily word-of-mouth referrals, we now support close to 500 clinics in British Columbia, Alberta, and Saskatchewan.

SMART BACKUP THE RANSOMWARE FIGHTER

Smart Backup is a solution designed to combat the threat of ransomware. It was introduced one year prior to the pandemic, when clinics were experiencing frequent attacks from this malicious virus. Backups were being contaminated, recovery times were taking days, and panic was widespread. To address this issue, a new and innovative product was needed. Smart Backup was introduced to the dental sector and has since proven to be effective. It backs up the server on an hourly basis, provides full protection against hackers and ransomware, and allows for a quick recovery from server disasters in only a matter of minutes. To ensure that the backups are reliable, daily tests are conducted through virtualization. At the end of each day, the last backup is tested and a picture of the Windows login page with the date and time is generated as proof. This can be emailed to the client.

NEXT LEVEL TECH SUPPORT

A complaint was raised regarding slow support, where users had to leave a message for the IT team and wait for a response. At Forbes IT, we have addressed this issue by having many technicians readily available to assist you, with the ability to speak to you immediately. We understand that in the aftermath of the pandemic, customer service has be-

come scarce, leading to frustration amongst consumers. However, this is not the case at Forbes IT.

AI-BASED SECURITY SOFTWARE

The term “antivirus” is frequently associated with cybersecurity, but in reality, it only defends against a small fraction of cyber attacks, specifically, viruses. It does not offer protection against other types of attacks like malware, ransomware, and malicious websites. Our security stack is made up of multiple components that utilize AI to prevent cyber attacks. Suspicious activities are halted immediately. Our security stack does not, unlike many antivirus programs, block clinical software as all clinic-related processes have been whitelisted.

BUT I LIKE MY IT GUY

We recognize that certain clinics maintain a strong rapport with their IT personnel, yet desire to leverage security stacks and backups. We are here to assist. By partnering with your IT team, we can oversee backups and security, allowing your IT department to address other priorities.



Ashton Ariana, a UBC graduate in electrical and computer engineering, has a keen interest in IT. He was employed at Panasonic Electrical North America for a decade, serving as the R&D director before departing to focus on his software management abilities at Dassult Systmes, a large mining software corporation. He then started Forbes IT in the basement of his house

after leaving Dassult, relocating to an office space within six months. After three years, they outgrew the space and relocated to a bigger space in Harbourside in North Vancouver. Ashton is dedicated to providing A+ support and care to all clients and is heavily involved in every project.



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Strong, self-adhesive, and radiopaque, the newest member of BISCO's THERA family is designed for simple placement and polymerization even in the deepest restorations

Just as a house will crumble under a faulty foundation, a restoration will suffer from cracks, leaks, or sensitivity if it is not built properly from the base up. That's why BISCO's TheraBase has been a sigh of relief for clinicians like Francis Jacobyansky, DMD, who have long been searching for a strong and durable base material.

"I am always frustrated that I may be leaving a leaking margin," Dr. Jacobyansky shared of the dual-cure, self-adhesive base and liner that chemically bond to tooth structure, while releasing and recharging calcium and fluoride ions.¹ "TheraBase makes me feel much better about sealing margins," he continued. "Besides the fluoride release, the concomitant release of calcium makes me feel more confident that I am doing the best I can for my patients."



Delivered with Confidence

Thanks to its automix tip and dual-syringe, TheraBase easily mixes to a consistency that can be immediately dispensed as a base or liner. "It was incredibly easy to mix, and once I learned of its flow characteristics, it was simple to accurately place the material exactly where I wanted it to go," Dr. Jacobyansky added.

The Normalville, PA, practitioner has used TheraBase on numerous cases, including a deep subgingival Class V with a near exposure. "The fluoride and calcium release gave me confidence that the restoration would not leak," he said. "TheraBase will probably replace my RMGI bases and will be used under any deep or questionable restorations."



TOP 5 REASONS TO TRY THERABASE

- 1 Continuous release of calcium and fluoride ions³
- 2 Generates an alkaline pH in minutes, which promotes pulp vitality²
- 3 Dual cure for polymerization in deep restorations where light cannot reach
- 4 Automix, dual-syringe provides a consistent mix and immediate delivery
- 5 Self-adhesive with no bonding agent required

A Patient-Pleaser

During its DPS product review, TheraBase earned high marks from evaluators thanks to its easy delivery and good cavity adaptation, as well as its ability to help reduce postop sensitivity.

"Postop sensitivity is something every dentist dreads," noted Dr. Aliisha Choucair. "I believe TheraBase was effective in preventing pulpitis as patients reported no hypersensitivity, which makes the overall patient experience much more positive."

References:

1. Gleave CM, Chen L, Suh BI. Calcium & fluoride recharge of resin cements. *Dent Mater.* 2016 (32S):e26.
2. Okabe T, Sakamoto M, Takeuchi H, Matsushima K. Effects of pH on Mineralization Ability of Human Dental Pulp Cells. *J Endod.* 2006; 32(3):198-201.

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Understanding TPT

Fotona's TwinLight Periodontal Treatment explained

Contributed By National Dental Innovations

TPT is a minimally invasive periodontal disease therapy combining dentistry's two best laser wavelengths: Er:YAG and Nd:YAG to significantly enhance treatment success rates and shorten recovery times.

HOW DOES TPT WORK?

The TwinLight® approach enables wavelength-optimized treatments for periodontal therapy, which create the optimal conditions for healing periodontal tissues. What is more, TPT prevents infection and promotes reduction in pocket depths. The procedure is performed in three simple steps illustrated below.

OPTIMIZING DENTISTRY'S TWO BEST LASER WAVELENGTHS

Utilizing both Er:YAG and Nd:YAG laser wavelengths in a treatment makes optimum use of the unique laser-tissue interaction characteristics of each wavelength. For example, Nd:YAG laser energy is superior for coagulation and deep disinfection while Er:YAG is uniquely efficient at gently removing the infected surface tissue and calculus from the root surface. Combined, they can dramatically improve the outcome of laser assisted treatments, guaranteeing maximum safety and efficacy.

WHY IS FOTONA LIGHTWALKER PERFECT FOR TPT?

The TPT approach, available only with LightWalker, gives general dentists the confidence to treat their patients' moderate to severe periodontal disease the laser way, without scalpels and sutures. With LightWalker this has never been simpler. Its easy-to-use touch screen offers a menu of pre-programmed treatments. Pick the treatment and the laser automatically sets the optimum starting parameters.



EXCLUSIVE ADVANTAGES OF TPT FOR YOU AND YOUR PATIENTS

TPT is easy for any dentist to perform and has an unsurpassed treatment success rate compared to conventional surgical methods. With easy-to-follow protocols and at-the-touch-of-a-button treatment settings, practitioners are able to treat patients who they previously had to refer out to specialists, with confidence and high success rates.

TPT is the most patient-friendly treatment of periodontal disease. The procedure is fast, minimally invasive, there are no scalpels or sutures, and bleeding is minimal.

GETTING STARTED WITH TPT

The LightWalker training program is organized in cooperation with The Laser and Health Academy. During an intensive two-day workshop participants cover basic laser physics and gain an in-depth understanding of laser-tissue interaction. Hands-on sessions under guidance of laser dentistry experts help participants gain insight in the effects of Er:YAG and Nd:YAG on different tissues. Presentations and discussions are led by Laser and Health Academy Lecturers and cover dental therapies, which include TPT.



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Open a New Conversation

The importance of social media

By Jackie Joachim, COO, ROI Corporation

Twenty years ago, I thought practice owners investing in a website was silly. After all, don't most patients ask a friend or relative for a referral? Who would ever choose a practitioner just from a website? I could not even imagine other platforms such as LinkedIn, Instagram, and Facebook could shape and influence us.

Today, if you don't have a website, you are seen as a dinosaur. Patients are interested in knowing more about you and your office. The pandemic taught us the importance of staying together. On a side note, my 92-year-old mother, who never used a computer in her life, grabbed onto a tablet and started surfing the net. She even has an Instagram account.

Your presence on social media is important. Google reviews are important. Social media by itself is not enough to drive growth, but social platforms can help you connect with your patients, increase awareness about your brand, and boost not only new patients but keep the ones you have informed, connected, and loyal.

Think of social media as another way to communicate your authority. In general, people are increasingly savvy and more discerning about which businesses they support. Before deciding, they will do a quick search to browse your website and social media. When they do, what will they find? A generic site or something that is a rich source of information? It is very important to not only set up robust profiles but to also update your site frequently with relevant content. This goes a long way to building your brand's authority and making sure you make a positive first impression through social media, showing that your office is trustworthy, knowledgeable, and approachable.

Sometimes, a seemingly simple social media post, such as one promoting a charity initiative or team members having some fun in the office, can receive several likes, comments, and shares. Remember, with social media you get to tell your own story. Having an online presence on any of the social media forums like Facebook or Instagram is a great way to interact with your audience and to really connect with them on a personal level. Through these platforms, you are given the opportunity to inspire through

your success or past failures. Social media is a place where interacting with your audience gives you more exposure and helps you better understand your audience and, as a result, your patients. Stories help show people how relatable and personal you are. Consistency is also key.

Social media opens the conversation for instant interaction, relationship building, and customer loyalty. It gives you the opportunity to demonstrate your expertise as a leader in your neighborhood or community. Sharing information on various health issues helps people see your expertise and helps build confidence and trust. Social media allows you to let your personality shine through everything you share. Your authenticity has an opportunity to be seen. To ensure that your story is heard and spreads at a faster rate, you might want to work on your content so that it is appropriate enough to impress the audience.

On a final note, it is critical that you define what you want to get out of social media and to develop a social media strategy. Do you want new patients to discover your services? Do you hope to generate referrals from existing patients? By keeping your strategy specific, you can determine which social media channels are the best fit for you and your practice. From my experience, the number of doctors I have met via Instagram is incredible. Please follow me @jackie_joachim_. I would absolutely love to connect!



Jackie Joachim has 30 years of experience in the industry as a former banker and now the Chief Operating Officer of ROI Corporation. Please contact her at Jackie.joachim@roicorp.com or 1-844-764-2020.



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Buckle Up: Fast Ride Ahead

Aligning yourself for the era of acceleration

By Jonathan and Jamie Schell

The field of dentistry is in the midst of a remarkable transformation, driven by technological advancements and innovative approaches. The pace of change in our industry is accelerating at an unprecedented rate, with the next 10 years poised to bring about more transformative developments than the previous century. This shift presents both challenges and opportunities, making it essential for dental professionals and their teams to adopt a forward-thinking mindset to ensure long-term success.

Before diving into the mindset necessary to thrive amidst this evolving landscape, let's explore the emerging trends that are reshaping our industry.

Digital dentistry, powered by 3D printing, computer-aided design (CAD) and computer-aided manufacturing (CAM), has revolutionized treatment planning and dental restorations, delivering highly accurate and customized solutions that awe patients. Integration of AI and machine learning analyzes data for precise diagnosis, treatment planning, and improved outcomes, offering immense potential for enhancing patient care. Minimally invasive techniques prioritize preserving natural tooth structure, providing comfortable alternatives to traditional drills.

Tele-dentistry breaks down barriers to access, enabling virtual consultations and assessments, making oral health services more accessible, especially for remote or mobility-limited patients. VR and AR technologies transform the dental experience, benefiting training and planning for practitioners and alleviating anxiety for patients.

In the face of such rapid change, it is natural to feel overwhelmed. However, with the right mindset these challenges can be transformed into opportunities for growth and success. To navigate the evolving landscape of dentistry with confidence, there are several key steps to consider.

First, embrace change. By staying informed about emerging technologies, techniques, and patient expectations, you can provide high-quality care and build unwavering patient trust. Remaining open to change allows for the exploration of new possibilities and the adoption of innovative approaches that lead to better patient outcomes.

Harness the power of technology. Digital imaging systems, treatment planning software, and communication tools significantly enhance precision, efficiency, and patient satisfaction. By integrating these technologies into daily practice, dental professionals can elevate the standard

of care they provide, ultimately improving oral health outcomes for their patients.

Adopt a learning mindset. Actively seek knowledge through research, attend conferences, and pursue advanced training programs to ensure you stay at the forefront of the latest trends, techniques, and best practices. A dedication to lifelong learning enables you to provide the most effective and advanced treatments available, meeting the evolving needs of your patients.

Win through collaboration. Thriving amidst rapid change is not a solitary endeavor. By collaborating with fellow professionals and industry experts, you create an environment of shared learning and collective growth. Engage in professional networks, study clubs, and dental associations to uncover opportunities for valuable insights, exchange best practices, and gain the support of a community that understands the unique challenges and opportunities within our field.

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F: (604) 736-7588

E: info@bcdental.org

W: www.bcdental.org

C: Elizabeth Robbins

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E: aburton@bcdha.com

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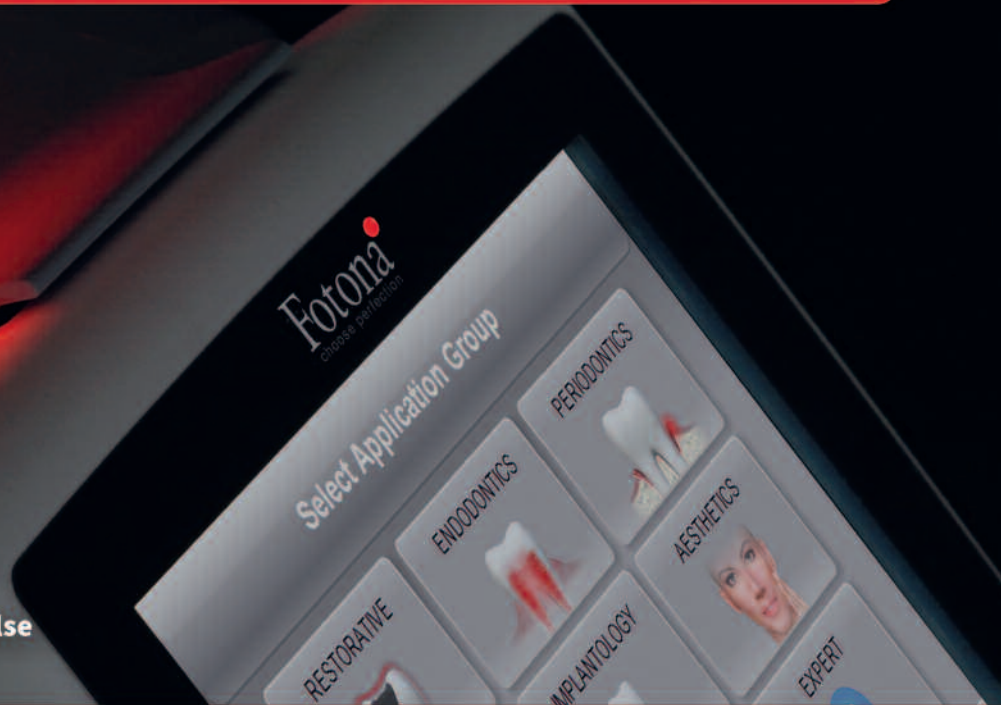
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